



SENIOR LIVING OPTIONS: WHAT ARE KEY DIFFERENCES?

At a time when family and friends are spending more time together, we often come face to face with the changing needs of our aging loved ones.

Today, there are more senior living options available than ever before. Many include resort-style amenities, large, private apartments with spacious floor plans, and on-site medical services with the ability to provide care during every stage of life. With so many options to choose from, deciding where to begin your search, and the appropriate level of care can be overwhelming. We have created a guide for you on the different living options to help you make the right decision.

Independent Living

Typically, seniors seeking independent living need very little, if any, assistance with daily needs. They travel freely, tend to keep more robust schedules and generally appreciate the privacy associated with independent living communities. This group of older adults usually engages with friends and neighbors of the community, participating in social gatherings and outings.

Assisted Living

Assisted living communities are designed to address the need for daily assistance with everyday tasks, while allowing residents to live comfortably, enjoying the privacy of their own apartment with access to essential services. Certified caregivers, and in some communities, licensed practitioners, are available 24/7 for support. Assisted living amenities at American House include housekeeping, chef-prepared meals, and a full monthly calendar of events, outings, and activities to help residents stay active and engaged.

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SENIOR LIVING COMMUNITIES

SENIOR LIVING OPTIONS: WHAT ARE KEY DIFFERENCES? (CONTINUED)

Memory Care

Memory care communities are designed specifically for older adults living with Alzheimer's, Dementia and other memory-loss conditions. These licensed communities offer a secure environment with 24-hour medical assistance, life-enrichment programs, plus all the services and amenities available at both independent and assisted living communities.

Friendship Suites

Although more and more older adults are choosing senior living communities as an option, the financial responsibility can be a barrier. Friendship Suites, or living with a friend, is growing in popularity. Aside from the affordability, many seniors who choose to our Friendship Suites also enjoy the companionship that develops between suitemates.

Come and see why so many seniors are calling American House home!

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