# YOUR STORY, MADE EASY.

Our communities are designed with all the comforts you would expect to find in your home. With a variety of affordable floor plan options, all designed to maximize space and create comfortable surroundings, you are certain to find an apartment that's right for you.

You'll love the maintenance-free lifestyle, like dining with no cooking. You'll enjoy fresh, locally sourced ingredients in our chef-prepared meals, created by our culinary team...and you may never have to make another dish or eat alone again, unless you choose to.

American House has a Life Enrichment Program that truly enriches. Every day adds a new page—with a robust calendar of social, cultural and recreational events, including our celebrated happy hours. And, when you need to be out and about, you'll appreciate our transportation services.



Our list of offerings\* are designed to fit a wide range of our residents' lifestyles and interests:

- Private and affordable, maintenance-free apartments in a variety of floor plans
- Cozy common areas for family gatherings and events
- Neatly landscaped grounds, walking paths and community gardens
- Heated pool, lanai, putting greens, boccé ball and shuffleboard courts
- · Game rooms, billiards and Wii
- · Movie theater, library and fitness center
- Spa, salon and barber services
- Restaurant-style dining, chef-prepared meals
- Accommodations for physician-ordered dietary restrictions
- Happy hour gatherings
- Themed events: holidays and special occasions
- Housekeeping and laundry services
- Robust calendar of social, cultural and recreational events
- Spiritual services
- Connected Living<sup>™</sup> technology for friendly, secure, senior-focused internet access
- Health and wellness programs
- Personal/regularly scheduled transportation
- Small pets are welcome (rules apply)
- \* Amenities and services vary between our American House communities. Please visit our website to learn about each individual community's offerings.



YOUR STORY. TO BE CONTINUED.



American House.com





SENIOR LIVING COMMUNITIES



We all have a story that defined us, changed us, or taught us. Our residents have an abundance of stories that hold a wealth of wisdom.

Our own story was inspired by theirs. It began in 1979. Our founder pioneered the concept of senior living that's really living with purpose, dignity and independence... and our story was born.

At American House, your next chapter is waiting to be written. We'll help you write it your way and you'll see why so many seniors are happy to call our house home.





#### Assisted Living\*

Assisted living offers private apartments but with a little added assistance with meals. laundry, medication reminders, physical therapy and all the activities of daily living (ADL) and more. Choose from à la carte services, or our third-party health care provider can create a custom-care plan just for you.

## Memory Care\*

Our personalized Memory Care program is designed to help residents, throughout the stages of dementia, to live with dignity and compassion. The specialized, person-centered program creates a culture of caring for our residents, support to their loved ones, and help navigating the complexities of the disease.

#### Respite Care<sup>\*</sup>

We're happy to offer short- or long-term respite care services. Our Respite Care program is an interim solution, helping families cope with life events, providing the healing comforts of home. Respite Care services are often needed after recent discharges from hospitals, recovery after surgery, or when caregivers are away.

### Hospice Care\*

American House partners with Hospice Care providers, offering understanding and meaningful support to both your loved one and your family. Palliative services, also through hospice, can offer a customized plan to maintain the comfortable surroundings to which our residents are accustomed. We're committed to you and your loved one.

# LEVELS OF CARE.

#### **Independent Living**

Our independent living communities offer private apartments and maintenance-free living in a warm and welcoming environment. Amenities and services include chef-prepared meals, weekly housekeeping, engaging activities and events, transportation and so much more. Small pets are welcome.\*

Life has many chapters. Our communities are designed with all the comforts of home. We offer many lifestyle and care options for your best fit.



