



## MEMORY CARE AT AMERICAN HOUSE

Our proprietary Love is Ageless® program, is uniquely designed to help residents, throughout the stages of dementia, live and be cared for with compassion.

Memory care is ideal for individuals with dementia who require a higher level of skill and supervision. Our licensed memory care communities offer a secure environment with 24-hour medical assistance, life-enrichment programs, plus all the services and amenities available at both independent and assisted living communities.

Our emphasis is on person-centered care. Our specialized program creates a culture of caring for our residents, offering support to their loved ones while navigating the complexities of the disease.

We focus on personalized relationships, meaningful services, and life-enriching programs that promote independence so our residents can live with dignity and respect. Love is Ageless®, focuses on life-enriching experiences that encompass the Six Dimensions of Wellness®. Each resident is encouraged to participate to the best of their ability.

Our personalized plan offers five daily enrichment opportunities where residents are encouraged to participate in physical, mental and expressive activities. Our program helps residents feel secure, engaged and connected to their surroundings.

We welcome the opportunity to introduce you to our Memory Care Neighborhood and our Love is Ageless® program. Our compassionate team will be happy to meet with you to help determine the right fit for your loved one.

**YOUR STORY. TO BE CONTINUED.**  
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## MEMORY CARE AT AMERICAN HOUSE (CONTINUED)

### A Day in the Life of a Memory Care Resident

My name's Kayla, and I'm happy to know my mom is safe at American House!



My mom, Beth, and I don't have the chance to spend most mornings together, but I take comfort knowing she's well-tended to. The caregivers have developed a meaningful relationship with her, she often tells me that she loves them like her own.

In the morning, the caregivers assist her with getting ready, and although it takes them extra time, they even help her with her makeup. I know this means a lot to mom. She would never go out without her make-up, and it's the little things that count.

After breakfast mom loves attending aromatherapy. It sets her up for a calm and relaxed day. Mom's favorite activity is chair yoga! Chair yoga is normally scheduled right after aromatherapy so it's a smooth transition for her.

Lunch usually flies by, but the caregivers make sure she stops midday to have a cup of hot tea. The caregivers help her pick what type of tea and she really enjoys the whole process. Dinner is always the main event of the evening. My mom enjoys getting "dolled" up to see her friends and neighbors.

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